● The Legend of Temple No.73 (F-3)
According to legend, Kūkai, at the age of seven, climbed the mountain (481m) and said, "I want to enter the world of Buddhism and save many people. If it is not possible for this wish to come true, I command that Shaka Nyorai appear. If not, I will throw away my life." He then jumped off a cliff and Shaka Nyorai and a heavenly being appeared and saved his life. As a result, he carved a statue, constructed temple buildings, and founded this temple.

● No.82 Negoroji (G-3)
The forests around this temple are popular among visitors because of the different colors and shades seen throughout the year especially during the fall. At the edge of the temple parking lot there is a large statue of a fierce-looking ushi-oni (cow-devil).

● Mt. Nyotai, 1km short of Temple No.88 (I-3)
The trail leading to temple 88, the last hard climb of the pilgrimage, Mt. Nyotai. Pilgrims can experience complex feelings of both excitement and sadness knowing that one's pilgrimage is nearing completion.

● Hoshigamori, Inner sactuary of No.60 (D-4)
Mt. Ishizuchi is associated with Kukai and the mountain itself is an object of worship. Since ancient times, pilgrims have come and worshiped at it's slopes- one of the most sacred atmospheres on the pilgrimage.

● The legend of Emon Saburō
(Photo: No. 51, Ishiteji / C-4)
Emon was a greedy, wealthy man of this area who mistreated Kūkai and was punished. To seek forgiveness Emon went in search on Kūkai around Shikoku eventually meeting him near Shōsanji (No. 12). Emon is believed to the forefather of the Shikoku pilgrimage.

● Jō no Fuchi Park (C-5)
In order to stop a famine in the area, Kūkai struck his staff at a spot here, and water came gushing up forming a pond. The local people enshrined a statue of him, and the surrounding area has now become a park.

● Trekking the Kukai in Ainan (C-7)
Event held every autumn for 20 years; locals walk the ohenro trail emphasizing community exchange, health and the continuation of Ohenro culture

● No.38 Kongōfukuji (D-8)
It is believed that your wish will come true if you pat the head of the Daishi turtle on the temple grounds. Most visitors come to Cape Ashizuri to experience the tropical atmosphere and enjoy the hot springs.

● Bussoku-seki (No. 2 Gokurakuji) (I-3)
These "stone footprints of the Buddha" found at numerous sacred sites in Japan became an object of worship before the days when Buddhist statues were constructed.

● Maeyama Ohenro Kōryū Salon (Pilgrim Community Center / Museum) (I-3)
This facility is located between Temple 87, Nagaoji and Temple 88, Ōkubōji and has a large, display room for pilgrim-related materials and another room where one can spend time relaxing and talking with other pilgrims. The excellent exhibition of historical materials allows one to fully understand the culture of the Shikoku pilgrimage. It is a wonderful place for all people to visit. An English brochure is available.

Each prefecture has been given a Buddhist dōjō (place of spiritual training) name.

Tokushima Prefecture -Place of Spiritual Awakening-

No	Name		Index
1	Ryozenji	霊山寺	I-3
2	Gokurakuji	極楽寺	I-3
3	Konsenji	金泉寺	H-3
4	Dainichiji	大日寺	H-3
5	Jizoji	地蔵寺	H-4
6	Anrakuji	安楽寺	H-4
7	Jurakuji	十楽寺	H-4
8	Kumadaniji	熊谷寺	H-4
9	Horinji	法輪寺	H-4
10	Kirihataji	切幡寺	H-4
11	Fujiidera	藤井寺	H-4
12	Shosanji	焼山寺	H-4
13	Dainichiji	大日寺	H-4
14	Jorakuji	常楽寺	H-4
15	Kokubunji	国分寺	H-4
16	Kononji	観音寺	H-4
17	Idoji	井戸寺	I-4
18	Onzanji	恩山寺	I-4
19	Tatsueji	竜光寺	I-4
20	Kakurinji	鶴林寺	I-4
21	Tairyuji	太龍寺	I-4
22	Byodoji	平等寺	I-4
23	Yakuoji	薬王寺	I-5

Ehime Prefecture -Place of Enlightenment-

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43	Meisekiji	明石寺	C-6
44	Daihoji	大宝寺	D-5
45	Iwayaji	岩屋寺	D-5
46	Jorurji	浄瑠璃寺	C-5
47	Yasakaji	八坂寺	C-5
48	Sairinji	西林寺	C-5
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51	Ishiteji	石手寺	C-4
52	Taisanji	太山寺	C-4
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54	Enmeiji	延命寺	D-4
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57	Eifukuji	栄福寺	D-4
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Kochi Prefecture -Place of Ascetic Training-

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87	Nagaoji	長尾寺	H-3
88	Okuboji	大窪寺	H-3

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780-0020 Phone:087-823-2840

● No.37 Iwamotoji (D-7)
On the ceiling of the Main Hall, 575 different pictures can be seen. Regardless of whether one likes Western or Eastern art, this temple is definitely worth a visit.

● Meditation against the garden, No. 31 (F-6)
At Chikurinji temple, you can have a meditation experience that enriches the mind, facing the garden which is designated as a National Place of Scenic Beauty. Meditation and Shakyo experience take about 120 mins.

● Kukai Pilgrim Lyceum (G-6)
Oasis for pilgrims built in 2021 in cape Gyodo where young Kukai trained by the rough waves of the Pacific Ocean. Cape Gyodo is named from "Gyodo", training method comprising of chanting sutras while turning around.

● Saba Daishi (No. 4 Bekkaku temple) (H-5)
This name in transporting mackerel on his horse. The man refused to give Kūkai a fish, and as a result, his horse fell sick, but the man realized his inappropriate action and sought repentance.

● No.11 Fujidera (H-4)
The name of this temple means "a well of wisteria" and every year from late April to early May, one can see various shades of purple wisteria hanging from the trellises.

● Kawashima bridge and Zennyūji Island (H-4)
No one has lived on the flat island of Zennyūji in Yoshino river, but pilgrims must still cross over it and the narrow, concrete Kawashima bridge to get to Temple 11.